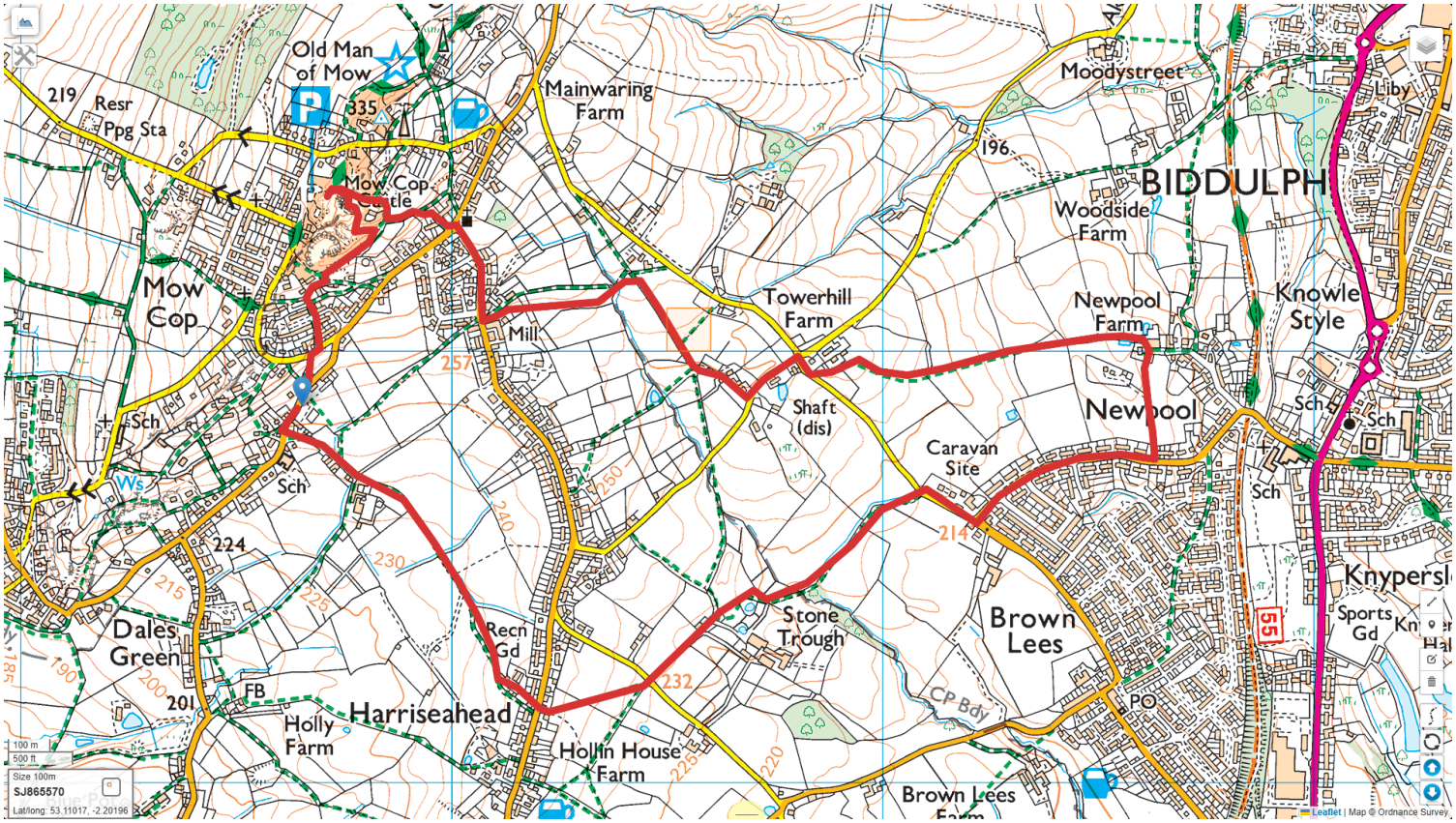
Mow Cop walk Wednesday 28th October 2026 4 miles
Leader: Jill Jones



145 metres ascent.

Starting point: Ash Inn Car Park, Mow Cop Road, Mow Cop
Grid reference: SJ 85652 56862, Nearest postcode: ST7 4NE, what3words: looked.groom.hotels
Start time: 10:00 am